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Competitor B \$2.99 nto South Huels I Can't Believe It's Not Butter Heinz Baby Prentam Plus Coloate Plus over 1000 items in store

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We've chosen a sampling of 3 of our Discount Competitors as an example, and the receipt tapes show a small sample of their regular prices as checked between August 4 to 10, 2010. We have also calculated the extra money you would have paid for the total basket of 1000 top-selling products if you had shopped at each of these Competitors and paid the regular price compared to what you would have paid at FreshCo.

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INPORTANEWS

SERVING PORT COLBORNE . WAINFIEFT · ISSUE NO. 35 VOLUME 14 For news updated daily see www.inportnews.ca

■ MIXED MARTIAL ARTS

Port fighter loses bout. but not her title

> DAVE IOHNSON Tribune Staff

NIAGARA FALLS, N.Y. - It was a night of tapouts, knockouts and a couple of questionable decisions at Raging Wolf IX: Mayhem in the Mist Saturday night. see MMA | A2



FESTIVAL: More than 20,000 people expected to attend



Head to Wainfleet

MARYANNE FIRTH InPort News Staff

WAINFLEET - Travel back in time Labour Day weekend. More than 20,000 people are expected to do just that for the 22nd annual Marshville Heritage Festival. The festival, which celebrates life in the 1850s and 1860s, takes place Sept. 4, 5 and 6 at Marshville Heritage Village in Wainfleet.

see MARSHVILLE | A4

MARYANNE FIRTH Staff Photo Margaret Robertson, chair of the Marshville Heritage Festival, displays the newest addition to this year's event - a 1912 cash register from the National Cash Register Co. in Toronto. The festival takes place Sept. 4, 5 and 6 at Marshville Heritage Village in Wainfleet



MANTITO BE FRONT PAGE NEWS?

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Ouestionable decisions at Raging Wolf IX

FROM PAGE A1

One of the tapouts and questionable decisions involved Port Colborne fighters Sam Pascuzzi and Alexis Davis. In the main event, Port Colborne's Davis, Raging

Wolf's bantamweight champion, lost a three-round decision, though not her title, to Elaina Maxwell who is based out of San Jose, Calif. It was a decision that

shocked her coach. Dave Dayboll, and stunned Dayis' friends and family who crossed the border to watch the fight. "I gave Alexis two of the three rounds in the fight. She managed cage control and dic-

tated the pace of the fight," said Dayboll, adding he would try to protest the decision. Pascuzzi fought fellow Canadian Taylor Solomon of Port Dover-Six Nations at a catch weight of 180 pounds.

Pascuzzi took the fight with Solomon on two days notice after Solomon's original opponent, Buffalo's T.I. Sumler. pulled out because of a hand

"I stuck with my game plan and put him against the cage. I wanted to conserve my

While he trains every day, Pascuzzi had no time to train specifically for Solomon and drop enough weight to fight at 170 pounds. He was also worried about his cardio going into the fight and wanted to conserve his energy to take on Solomon.

The two came out in the first round circling each other. Solomon threw a high kick at Pascuzzi, sending the Dayboll Jiu-Jitsu and Fitness Academy fighter backwards. Solomon came after Pascuzzi, but ended up being locked up in a clinch.

Solomon defended the clinch, but Pascuzzi was able to execute a single-leg takedown and put the Six Nations fighter on his back The two went up against the

cage, where Pascuzzi planned to use his ground and pound to take out Solomon. Unfortunately, Solomon was able to grab a hold of one of Pascuzzi's arms and rolled over to sink in an arm har forcing. I just wish I had more time to Pascuzzi to tan out °I made a mistake. I let him touch the cage and he was able

to sink in the arm bar." The cage can be used to gain an advantage over opponents by forcing them up against it and not allowing them any escape, but opponents can

also use the fence to push off or turn the tables. Dayboll, who is also Pascuzzi's coach and trainer. said his fighter did exactly what

he was going to do. "He clinched, put bim (Solomon) up against the fence and used the single-leg

takedown! Dayboll said Pascuzzi made a mistake when Solomon was able to put his feet on the

"In that position, you spin off your opponent or get up," he said, of Pascuzzi's options at that point in the fight. Pascuzzi said the arm bar was locked in for about 20 sec-

onds before he was forced to tap out. "He beat me fair and square. prepare," Pascuzzi said after

During an in-ring interview right after her fight, Davis said Maxwell had a very good base and was hard to move.

Davis wanted to throw Maxwell to the ground, but when she couldn't get her over, she pulled guard. She wrapped her legs around Maxwell and fell back to the mat, pulling her opponent down. While on the ground. Davis attempted a number of submissions, including an arm bar. Throughout the fight she took Maxwell down, or had her

pinned up against the cage.

for Davis

Davis said Maxwell connected with a couple of knees, but did no real damage to her While disappointed at losing the decision, it wasn't the only disappointment on the night

Her fight against Maxwell was supposed to be a fiveround title fight, but Maxwell didn't make the 135-pound weight limit, so the fight was



DAVE JOHNSON Staff photo Sam Pascuzzi, in black trunks, tries to take down fellow

Canadian Taylor Solomon, of Six Nations-Port Dove representing Iroquois MMA Fight Team from Six Nations of the Grand River, during their fight Saturday night.

> Raging Wolf in July, giving her the title shot against whoever won the Davis-Maxwell title fight. Tonya will probably be a whole new fighter. I know I'll be a whole new fighter," she

Raging Wolf's next fight will he in November at Seneca Niagara Casino and Hotel. diohnson@wellandtrihune.ca

■ MARSHVILLE

Family-oriented festival will take you back to the 19th century

FROM PAGE AT

"The festival is very familyoriented, very hands-on, said festival chair Margaret Robertson. "There's lots to see, lots to do lots to hear and lots to

smell," she said with a laugh. With an abundance of crafters, demonstrators, entertainers and food vendors, the three-day event offers some-

More than 400 volunteers donate their time, dressing in period costumes and performing hands-on demonstrations, such as rope

making and timber framing, which adds to the atmosphere of the village. Seeing how work was once

done and how items were once created is a real eye-opener for many people who visit the vil-

lage, Robertson said. While the festival celebrates the traditional ways that were

at one time everyday life in Wainfleet, it has also created present day family traditions for people around the region. she said "People come back year

after year after year. It's a great family outing to end the summer with: Festival hours are Saturday,

Sent. 4. from 9:30 a.m. to 5:30 p.m., Sunday, Sept. 5, from 11 a.m. to 5:30 p.m., and Monday, Sept. 6, from 9:30 a.m. to 5 p.m. Admission is \$6 for visitors aged 10 and older, and free for

children under 10. On the Saturday only, seniors will be admitted for \$5. The festival's car show has always drawn a crowd. Robertson said, so this year organizers decided to expand

it to cover all three days. Vehicles from 1950 and earlier will be shown on Saturday, and models from 1950 to 1974 on display the Sunday

dropped down to three rounds

didn't make weight," she said,

adding she trained for a five-

he would be fighting again.

but Davis will defend her title

in November against Tonya

Evinger, who she beat back in

May, Evinger won a fight in

"I was disappointed she

Pascuzzi didn't know when

and made a non-title fight.

round fight.

On the Monday, the Niagara British Car Club and the Vintage Motorcycles Niagara Division will be exhibiting vehicles on site. This year's entertain-

ment lineup will include the Torchmen Gospel Quartet,

Peace River Band, Toasted Western Swing Band and Lindsay Mills, as well as children's entertainers the Smudge Fundaes and Calvin

the Magician. A church service will be held on the Sunday at 11:30 a.m. with pastor John Sider For more information and a

detailed schedule for the performers, visit www.marshvilleheritagefestival.com.



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portraits



RAGING WOLF IX MAYHEM IN THE MIST

Port fighters in action at Seneca Niagara



DAVE JOHNSON Staff Photo DAVE JOHNSON Staff Photo during their fight last Saturday at Raging Wolf IX: Mayhem in the Mist. Davis lost the three-round fight by decision to Maxwell. The decision shocked her coach and fars.





DAVE JOHNSON Staff Pro-Sam Pascuzzi, in black trunks above and at right, this to get inside the guard of fellow Canadian Taylor Solomon, of Six Nations-Port Dover representing trogules MMA Fight Team from Six Nations of the Grand River, during their fight Team from Six Nations of the Grand River, during their fight Scatuday night during Raging Will NI Mayhem in the Mist at Sentea Nigara Casilo. Pascuzzi look the fight or the days Industry Solomon defeated Pascuzzi val arm par quinnission.



DAVE JOHNSON Staff Photo UFC legend Royce Gracie laughs as he poses with Alexis Davis after her fight with Elaina Maxwell at Raging Wolf IX at Seneca Niagara Casino







Dave Dayboll, of Dayboll Jlu-Jitsu and Fitness Academy, gets ready to put vaseline on Alexis Davis' face before her fight last Saturday against Elaina Maxwell.

INPORTANEWS

Published by InPort News Osprev Media Publishing Inc. 228 East Main Street, Welland, Ontario, L3B 5P5 Tel: 905-732-2414 Fax: 905-732-3660 innort@wellandtribune.ca Ken Koyama, publisher, general manager Dave Johnson, Inport News senior reporter



Ourview

Festival time

ravel back in time Labour Day weekend at the 22nd annual Marshville Heritage Festival. The annual three-day event draws crowds of more than

20,000 people to the centre of the township. It celebrates what life was like back in the 1850s and 1860s using a collection of buildings called Marshville Heritage

Many of those buildings are from the township, some from outside, and are accurate to the time period they represent. Some of the families that owned those buildings are still

The Dean Sawmill is operated by members of the Dean family. And in addition to the sawmill, there's a working

blacksmith worth looking at. More than 400 volunteers donate their time, dressing in period costumes and performing hands-on demonstrations, such as rope making and timber framing, which adds to the

atmosphere of the village. Seeing how work was once done and how items were once

created is a real eye-opener for many people who visit the village, festival chair Margaret Robertson While the festival celebrates the traditional ways that were

at one time everyday life in Wainfleet, it has also created present day family traditions for people around the region,

*People come back year after year after year. It's a great family outing to end the summer with. We agree with Robertson, the festival is a great way to end

the summer with the family We'd encourage those who have never been to the festival and those that haven't been in a few years to head out to Wainfleet and check it out. We'll be there.

Deadline approaching

There's only one week left for any potential candidates to get their papers together and file their name at city hall. While almost every ward in Port Colborne bas at least two candidates running, Ward 2 - as this was being written - still only had only candidate listed as running. We hope at least one, or more, put their names forward for that ward within in the next week

We're glad to see no one is guaranteed a seat at council table for the next four years. We think the current council is doing a good job, but it's a good thing when people want to challenge them. It means people are taking an interest in the city and wbat's going on around them. More candidates means more, new and different ideas brought to the table. It means we have a healthy democracy. And speaking of health democracy's, we'd encourage

everyone to get out and vote. Make sure your voice is heard. I'VE BEEN THINKING

Coming home

REV THOMAS P ARTH First Evangelical Lutheran Church

"I love it here. You can sing as loud as you want. That dude walls on the organ. That dude up there tells stories. It's almost a religious experience! - Leo. That 70s Show

love church, and not because I'm a

I loved church long before I even thought about being a pastor. It probably doesn't hurt that I grew up in the church. I was baptized when I was about 21/2 months old. I grew up going to Sunday School, learning the stories of our faith. As a teenager I participated in the activities of the church youth group. That's where I met the girl who would become my wife.

The people in the church are my extended family. The church is home to me. Now my children are growing up in the church and I pray that they will come to think of it as their home and

family too. This weekend marks the unofficial end to summer. That's kind of a drag. There's a laid back feel to summer, a

■ FESTIVAL: Let the festivities begin

good feeling. Schedules aren't as strict. You can go with the flow. A lot of people take vacation time to get away from the

everyday. I like it a lot. But the end of summer is also a homecoming. We come back to a mutine a mutine that can be very comfortable. One thing that I appreciate when I come home from a vacation is my bed. No bed in any hotel or in our trailer can compare to my bed. I don't think I ever sleep as well as I do in my own bedroom. There are other comforts at home. I have everything I need or know where to get it because inevitably, on any vacation, either I forget to pack something or I don't have the space to take something along that I might want.

In our church we have Homecoming Sunday every year on the Sunday after Labour Day. People have come back from vacation, kids are back to school. and we invite everyone back to their church home. Some may bave been away for a little while. Some may have been away from their church home for a long time, maybe years. Some may not have a church home at all. All are welcome.

Our Homecoming Sunday has turned into a Homecoming Weekend because

on the Saturday we're having a pig roast dinner followed by a movie after the sun goes down, all of it out on the church lawn weather permitting.

Everyone is welcome. Now I'm not telling you about this to solicit people away from other churches. If you have a church bome I encourage you to go there. If you've been away for a while go back to your church home. If you've been away for a long time, maybe years, go back to your church home. If you don't have a church home think about finding one. Maybe a friend or neighbour bas a church bome and would take you with them if you asked.

If you are part of a church family and have a church home, think about those people who haven't been to their church home for a while, or a longer time, maybe years. Think about those people, friends, family, co-workers, neighbours, who don't have a church home. Pray for them and invite them to your church

As Leo said, "It's almost a religious experience." In a church home, with a church family, we hear about the love of God in Jesus Christ. As we find our home in God and God's church we grow in faith and love. Come home.

It's Marshville time again

f there is a better festival anywhere that celebrates the way we were than Marshville, I certainly haven't found it. It's hard to believe this weekend's Wainfleet extravaganza is the 22nd annual. As the old adage goes, time really done fly

I recall being the Port Colborne reporter for The Tribune and covering

the first Marsbville Heritage Festival. It was small, much tinier than what it has blossomed into over the years.

To their credit, festival organizers have gone out of their way to ensure there is something added and new each year. The fact the entire event is pulled off by volunteers never ceases to amaze

And it was all created almost a quarter

of a century ago thanks to the vision of four men — Ken Dayboll, Art Dean, Robert Dean and Robert Shoalts. Wainfleet really is a special place and a shining example of what can be BYGEORGE

accomplished when everyone checks their egos at the door in order to simply get the job done.

There is magic to this event that's almost impossible to explain.

It begins in the huge parking field when the tractor-train picks you up near your vehicle and deposits you at the It continues when you walk through,

past all the eateries offering their goodies, goodies you know you'll come back for before leaving for the day. But first, there is so much to explore.

Demonstrations? Oh, there are many You can check out timber framing. Wainfleet really is a special place, and a shining example of what can be accomplished when everyone checks their egos at the door in order to simply get the job done."

rope making, carving, spinning, horsedrawn equipment, grain preparation, and antique tractors and cars. Are you bringing the kids?

Good, because there's so much for them as well. There are wagon rides, the popular children's group The Smudge Fundaes,

Calvin the Magician and to wash down all the good times, a free cup of apple cider, some of the best cider they may ever taste. How about kicking back with some

music?

see DUMA I A5

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Marshville Heritage Festival takes you back in time

FROM PAGE A4

This year, the featured entertainers are The Torchmen, The Peace River Band, The Toasted Western Swing Band and new this year is a dear old friend of mine, Lindsey Mills,

ALLAN BENNER Staff Photo Ridgeway resident Peter Parry pounds on some glowing hot metal demonstrating the art of blacksmithing, one of the spectacles to be seen at the Marshville Heritage Festival over Labour Day weekend.

I haven't seen Lindsey in ages and it will be wonderful to catch up with her between sets.

All this is on top of the more than 115 Ontario artisans who put their high quality, handcrafted merchandise up for sale in various spots around the Marshville site, which is basically the Wainfleet Village Sports Complex and the surrounding heritage

To do this properly, you really need to give yourself a few hours. It's so wonderful to go and take it all in, let it

just pour over you. It's a total experience, the

sights, the sounds, and the aromas and there are times when you really do feel like you're back in the 1700s and the 1800s. The Marshville Heritage

Festival starts Saturday morning at 9:30 and wraps up Monday afternoon at 5 p.m. And it's all for only six

As I said, it's totally staffed by volunteers so all the money raised goes right hack into the maintenance of the heritage buildings.

The wonderful folks of Wainfleet get this whole thing so right every year. It's like it's their annual gift to the rest of us.

And for that, they deserve a warm and heartfelt thank

George Duma is a resident of Port Colborne and has spent 30 years in the newspaper business. He is currently a member of the journalism faculty at Niagara College. He welcomes comments and column suggestions and can be reached at: gduma@ cogeco.ca



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■ FLECTION

Badawev wants another term

MARYANNE FIRTH Tribune Staff

PORT COLBORNE - An effective leader is someone who not only speaks about what needs to be done, but focuses on how to make it happen, says Vance

"It's about strategies resulting in solutions," he told the crowd gathered out front of Port Colborne city hall Friday

Badawev believes he's an effective mayor and is asking the community to stand behind him as he seeks reelection Oct. 2S.

Residents bave put trust in him to get the job done, he said, which is what he intends to do

"This is where I work, and this is where I want to continue to work, as your mayor," he said, joined at the podium by wife Lisa and daughters

Logan and Jordan.

*Allow me to continue to represent you with a strong and effective voice and strong and effective presence, not only here in the city but also at the region, Queen's Park and in Ottawa," he told the

The 45-year-old began his political career as a city councillor in 1994. In 1997, he took on the role of mayor which he held until 2003. Badawey did not seek re-election in 2003, but did reprise the role

in 2006. Badawey said he's been "extremely privileged" to work with a "great team." including council, city staff and community members. In the past two years, the city has "brought more

than \$60 million in federal, provincial and regional tax dollars back to the taxpavers of Port Colborne," Badawey "We've had 20 years of capital projects accelerated

within the last two years because we were able to get those dollars."

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to take and what's available in Niagara.

The city's presence and voice has allowed those projects to move forward



Vance Badawey is seeking another term as Port Colborne's mayor.

with "no impact to property taxpavers." He said a strong and effective voice will help the city continue to move forward with its blueprint for health care, which will hopefully see the reopening of Port Colborne's emergency dengrtment

He bones to ensure that every health-care service and social service program needed by the community be available and accessible for all residents. Badawey said new energy

industry and the potential for marketing city land will be key moving the city's economy forward. It's also important that the husinesses currently located in Port Colborne feel "comfortable and con-

fident enough" to consider expanding within the city. Badawey said he also plans to focus on the city's aging Infrastructure

He hones Port Colborne will be able to obtain additional funding from upper tier governments to ensure the burden doesn't fall on either the taxpayers of today or generations of the future. Also running for mayor is Ward 2 Coun. Frank

DiBartolomeo. mfirth@wellandtribune.ca ■ WEATHER: It's been hot, but not too humid.



MARYANNE FIRTH Staff Photo Despite hot temperatures this summer, water conditions that can sometimes cause temporary beach closures were on par with years past. Above, a group of St. Catharines residents enjoyed the water last week at Port Colborne's Nickel Beach.

This was a terrific summer

experienced in Niagara through-

out the season, only two heat

alerts have been issued so far

this summer, said Bill Hunter.

Niagara Region's manager of

or smog advisory, tempera-

tures must exceed 40°C with

the humidex, he said. Niagara

Get the

environmental health.

summer

le'll give you something to

only breached that point a few InPort News Staff times, and only twice for any extended duration. PORT COLBORNE - A lack For most people, this was of burnidity helped keep smog

a terrific summer. We haven't to a minimum and beaches really hit that uncomfortpacked to a maximum this able stage too much with the humidity," he said. Despite high temperatures Smog alerts are generally

associated with high temperatures, because humidity makes it difficult for certain contaminants to disperse in the air. Hunter said

We had lots of sunshine In order to issue a heat alert and warm temperatures, but not a lot of humid days." He said the region was "on par" this year with smog advi-

sories and heat alerts issued in 2009, which was "surprising" given there were so many Buyer's sunny days. Hunter said the region Market... will continue to monitor for

excessive heat until the end of Sentember when after a few weeks, staff will begin monitoring for excessive cold. Water conditions, which

sometimes lead to temporary beach closures due to high E. coli levels, remained average. he said, and were similar to

The comparison isn't entirely clear, however, as the region has been doing more testing of local waterways this year than it has in the past, he



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Transformers are dangerous

InPort News Staff

WAINFLEET - People should never assume transformers on railway property aren't in use or are inactive, said Canadian Pacific Railway's Breanne Feigel

The railway spokeswoman said doing so could result in serious injuries or a fatality, like the death last week of a 33-year-old Welland man. electrocuted after allegedly attempting to steal copper wire from a transformer

Niagara Regional Police said Robert Fuller was electrocuted at the ground-level transformer box after be and two others made their way down a gravel road that runs parallel to train tracks and Lambert Rd., off Phillips Rd . and broke into it At 12:15 a.m. last

a 911 call from one of the people involved, informing them of the incident

Darryll Smith, 36, and Laura Stanvar, 39, both of Welland, were charged with theft under \$5,000. The two were released from police custody on a promise to

appear in court. Commenting on the tragedy from her Calgary office, Feigel said, "The box was clearly marked with signage

saving high voltage and it was locked as well. This person had to break into it. "This is an unfortunate

situation She said Canadian Pacific has to deal with copper wire theft from its properties across the country and works with local authorities. and its own police service, to prevent such crimes. People who access can be hit with a trespassing charge, which can carry up to a \$10,000 fine if the company decides to exercise its

Criminal charges can also be brought against a person. depending on what they have done on the property. While it was a transformer hox targeted near the company's yard in Wainfleet, Feigel said telecommunication and signal boxes have been hit by

thiovos os well After learning Fuller's name, Sun Media searches

TARGETED

DVERTISING

Wednesday, police received Canadian Pacific property 2005, he and another man were arrested after a motorcycle and ATV were stolen in Wainfleet and charged with break, enter and theft.

In October 2004, Fuller and three other people were arrested in connection to theft of copper wire from Pelham hydro towers. Canine units found the four. who were all charged with theft over \$5,000 and possession of stolen property over \$5,000.

Fuller had a long list of convictions spanning two decades, violated his parole and served time in prison, a revealed that in October source confirmed.



KAESHA FORAND Staff Photo old man died allegedly trying to steal copper from this Wainfleet transformer

on Wednesday morning.

Children Have Unique Needs

It probably won't come as a great surprise but here it is... kids are different.

The truth is, your children are growing and developing every waking moment, and perhaps even more when they are asleep. They have far more energy than adults,

they burn calories more efficiently, they metabolize food better and they heal from injuries almost three times as

Just 'growing up' is probably enough to send their nutritional needs off the scale, but factor in everything else and it's obvious that children have some fairly significant nutritional requirements.

All of this growing and developing and energy requires a wide range of vitamins and minerals. However, a few are especially important for growing bodies and minds. Vitamin A promotes normal growth and development, along with tissue and bone repair. This vitamin also helps produce healthy skin, eyes and

improved immune responses. Added Calcium helps build strong bones as your child grows. On top of that, there is vitamin D, magnesium, B vitamins and Vitamin C to help your child maintain a strong immune system. Most of these nutrients are

retention, and attention functions and for improved learning ability.

Let's face it, what child eats properly? Children are famously picky eaters and hardly ever seem to get the quantity and the quality nutrition they really need.

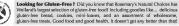
also vital for your child's

Try Kids Daily One. It's a full value multivitamin and mineral supplement that can help your child achieve and maintain good nutritional health.

For more info about Kids Daily One. visit Rosemary's Natural Choices.

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gluten-free treats. Good food and good health. It doesn't get any better than that!



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Information is provided for reference only. For specific health issues consult your local natural health practitioner.



Now her calendar is full Now that Ruth lives in a Chartwell residence, she's learned how to use the

same system instead of the TV remote control and every day is filled with new friends and experiences.

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■ TRAFFIC: Three options for historic canal-side street, where merchants' opinions appear to be split

What's best for West?

JOHN VESSOYAN

InPort News Staff PORT COLBORNE - One day, you could find yourself going one-way on West St. There's a possibility the bistoric street along the Welland Canal in Port

Colborne could be converted from its two-way designation. The city is considering a few options for the future of West St. as part of the Downtown Central Business District community improvement plan and urban design guidelines and

Kevin Muir of GSP Group and Luciano Piccioui of RCI

Congratulations to

BRITTANY ROACH our 2010 recipient of the

Consulting conducted a traffic study and presented three recommendations to city council, which include leaving the downtown street as it is, converting it to oneway traffic between Clarence and Charlotte streets or making it a one-way from

Clarence to Kent. The planners said oneway street options have low to minimal impact on other

Ward 3 Coun, Gary Bruno said he needs to hear more from the planners and merchants on the street before coming to a conclusion. He said West St. is successful because of its location and the goods and ser-

Dance Expressions

REGISTRATIONS

2010/2011 School Year

10am-4pm

September 4 10am-1pm

Classes commence

Monday September 13th

6pm-8pm

September 7th, 8th & 9th

vices its businesses provide. Traffic flow, he said, is not a major factor in the

"It is imperative that the business owners, particularly on West St. are beard and understood," Ward 2 Coun. Frank DiBartolomeo wrote in an e-mail to The Tribune. "Overall, the oneway is appealing from a tourism, hospitality, retail

destination. They do work in many other cities both in North America as well as

"The one thing everyone has to keep in mind is that we won't really know unless we put it in place for a specified period. If it is not a

benefit to the overall downtown improvement area, it can easily be reverted back to its original state with very little cost and time. We all have to be cognizant of the fact that change can be good even if it comes with some

sacrifices" A change such as this could have a big impact on area business owners, said Ward 1 Coun, David Barrick, who is past-president of the chamber of commerce adding that he's received mix reviews from the merchants be has spoken with

"The fact is that West St. merchants are the ones who will be the most affected by any changes," Barrick said. "As such, I will represent the majority of their

interests Some will benefit from this proposed plan with potentially wider sidewalks and patio extensions others will not benefit with the reduction in traffic by their storefront."

The planners presented report of their findings during a council meeting in Port Colborne Monday

A public meeting followed the presentation. Council will be required to vote on the issue at a future council meeting.

jvessoyan@wellandtribune.ca when it's somebody's vision.

Opinions go both ways on one-way traffic

KAESHA FORAND InPort News Staff PORT COLBORNE -

West St. business owners are divided on what should be done to the historic street John Mayne and wife Mickey are against the possible conversion to a one-way street. John said "two-way traffic always gives a businessman two perspectives."

When he sees one-way streets such as Main St in Welland or St. Paul St. in St. Catharines (which was recently converted to a twoway street), be sees businesses that have struggled to

attract shoppers. When the Clarence St. bridge is up, motorists typically avoid the bridge and cross over at one of the other two bridges, steering even more traffic away from West

He believes the installation of a traffic light at the West and Clarence Sts. intersection would be more effective to manage traffic.

The Maynes own 244 West St., currently occupied by the British Baking Co., and 6, 8, 14 and 16 Clarence St. occupied by various businesses. John Mayne said five of seven business owners on West St. are against the possible conversion and "in a democracy usually the majority wins, but

Despite opposition, he believes the plan to convert West St. to a one-way street will move forward.

Port Colborne/Wainfleet Chamber of Commerce president Mike Sloat is also opposed to the change. Personally I think two-way traffic is definitely the way

to go. More cars mean more people and the easiest access is the hest across He said the chamber has not vet been consulted on the project, but intends on represent-

ing West St. merchants' views. "We will do our best to support chamber members. On the other end of the spectrum, Greg and Rosemari Poisson of the Canalside Pub and Eatery support the conversion to a one-way street "I'm in support of it

because it will eliminate unnecessary traffic on West St." Rosemari said. "Because there are only buildings on one side of the street it's a perfect opportunity and a perfect street." She believes one-way traf-

fic would encourage motorists to slow down and enjoy the bistoric street and its shops, restaurants and bars. She also believes that by

redirecting some traffic to King St. would benefit its husiness owners

kforand@wellandtribune.ca





Please RSVP to Becky at rlee@portcares.on.ca or by calling 905-834-3629 x245 www.portcares.on.ca

PORT CARES invites you to its 24th ANNUAL **GENERAL MEETING**

Tuesday, September 21, 2010 The Reach Out Centre **61 Nickel Street, Port Colborne**

6:30pm Reception 7:00pm Annual General Meeting



Staff Photo Port Colborne's War of 1812 projects received a boost Wednesday with a \$5,000 donation from Sgt. Don Feduck, centre, a First Canadian Parachute Battalion member during the Second World War. Brian Heaslip, chair of the city's 1812 bicentennial committee accepted the cheque, which kicks off the museum's \$20,000 fundraising initiative to relocate and rededicate the 7avity Mill monument. Other projects include a map of the area during the war created by Stephen Brule, the museum's graphic designer for the

KAESHA FORAND

ALONG THE LAKESHORE

AT THE WAINFLEFT LIBRARY

THURSDAY, SEPT. 9, 16, 23, 30, OCT, 7 AND 14

Preschool Story Time for ages 2-5 at the Wainfleet Township Public Library. A six-week program of stories, songs, activities and crafts runs Thursdays from 10 to 10:45 a.m.

No fee for the program but please call 905-899-1277 to pre-register. Each child must be accompanied by their parent/caregiver. This session's theme is Fantastic Fall @ your library.

THURSDAY, SEPT. 9

Philosopher's Café at the Wainfleet Township Public Library at 6:30 p.m. Drop by for a lively discussion. This month's topic of discussion is "Sustainable Alternatives."

All welcome. No philosophy training required, real life experience desired.



TOWNSHIP OF WAINFLEET

PUBLIC NOTICE

Wainfleet will be holding a special meeting on Wednesday, September 8th, at 7:00 p.m. in the Council Chambers located at 19M43 Highway 3. Wainfleet. The purpose of the meeting is to consider the consultant and staff recommendation for a new Township Official Plan. Any inquiries with respect to this matter should be directed to Mr. Charles V. Miller, Manager of Planning at (905) 899-3463, extension 225.

Notice of Revision of Voters' List Municipal Elections Act 1996 s. 23(2)

Beginning September 1, 2010, the Voters' List for the Township of Wainfleet will be available for inspection at the Municipal Office during regular business hours as

8:30 a.m. to 4:30 p.m., Monday through Friday. 19M43 Highway 3, P.O. Box 40, Wainfleet ON LOS 1VO.

The List will also be available during the Wainfleet Fall Fair at a klosk on the fairgrounds. Thursday September 23rd through Saturday Sentember 25th

Residents are encouraged to check that their information on the Voters' List is correct and, if it is not, to file the necessary applications for correction with the Clerk well in advance of voting day

The period for revisions to the Voters' List is from September 7th to October 25th 2010. During this period a person may make an application to the Clerk requesting that their name be added to or removed from the VOTERS' LIST or that the information on the VOTERS' LIST relating to them be amended. Identification IS required for additions to the Votera' List.

Applications to remove another person's name from the Voters' List may be made between September 7th and September 10th 2010.

Application forms will be available at the Clerk's office and on the Township website www.townahip.wainfleet.on.ca once the revision period commences. Completed application forms may be flied in person by the applicant or his or her agent or by mail by the applicant.

The application must be signed by the elector.

Electors may also phone in an enquiry to the Municipal Office, 905-899-3463. The elector must be prepared to provide their complete information including name, address, and date of birth. An elector can only enquire about their own information. Staff will confirm whether or not their information matches or is found on the list. Due to privacy issues, staff cannot conduct a search based on incomplete info

Revisions to the Voters' List can also be made at Advance Polls and at Polling locations on Election Day during polling hours.

Office for more information about the positions available, skills required

Scott Luey, Acting Clerk, Township of Wainfleet

MAIL IN BALLOT

Employment Opportunity - Municipal Election If you are an eligible elector in the Township of Wainfleet and are interested in being a part of the Municipal event, we are still recruiting election staff! Please visit the Township website or contact the Municipal

and the way to apply. SPECIAL BALLOT / VOTER INITIATED

township.wainfleet.on.ca



New this event: The Township of Wainfleet is offering an additional voting alternative this Municipal Election. The Special Ballot / Voter Initiated Mail in Ballot provides opportunity for an elector, who may not be able or does not wish to attend a polling location, to cast their ballot by mail or by attending at the Municipal Offices from September 15th through to October 15th during regular office hours.

You can REQUEST your special ballot by providing a completed application together with required identification to the Clerk's Office. The last day to request a ballot in this manner is October 15th. You will

RECEIVE a ballot kit very promptly after your request is received and verified. You must RETURN your ballot in the secure envelopes before close of polls on polling day. The Special Ballot/Voter Initiated Mail in Ballot application form will be available at the Clerk's office and on the Township website September 15th. 2010.

If you have questions about the Revision process or for more information about working for the event or the Special Ballot voting option please contact the Municipal Office, 905-899-3463 or visit the website at www.

summer

SPECIAL MEETING OF COUNCIL

Please be advised that Council for the Township of

Orphanages supplied with school supplies

InPort News Staff

PORT COLBORNE - For children whose lives have been interrupted by war, disaster and poverty, school kits mean the possibility of a better future and the knowledge that people far away care about them. Ten Thousand Villages

for school kits that will be in schools and orphanages sent by Mennonite Central Committee to children

around the world. Each kit contains four notebooks, four unsharpened pencils, a ruler, a large eraser and a package of 12 coloured pencils. These supplies are packed in hand-sewn fabric bags and distributed by Mennonite Central in Haiti, Afghanistan, Iraq, Ukraine, Sudan and many

other countries. More than 100,000 school kits are distributed every year. "It is extremely rewarding to be part of a project that brings happiness, hope and encouragement to so many children and their families," says Tracy

Ten Thousand Villages store in Port Colborne. "In some countries, chil-

dren are not allowed to attend classes without school supplies and a Mennonite Central Committee echool kit makes it possible for them to go to school. Our efforts to buy a few extra school supplies can make such a big difference in the

Supporting education and empowering families is in keeping with the goals and objectives of Ten Thousand Villages, a fair trade organization that purchases products from more than 130 artisan groups in more than 35 coun-

tries, giving them fair value for their work. "People are truly at the heart www.mcc.org/kits/school for

This is the 15th year Ten Thousand Villages has collected school kits for Mennonite Central

The fabric bags and list of supplies are available at Ten Thousand Villages at 7 Clarence St. or visit www. TenThousandVillages.ca or



Friday, September 3rd to unday. September 5th



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■ HEALTH: 'Obligation'

Port council may sue province over LHINs

JOHN VESSOYAN InPort News Staff

PORT COLBORNE -Anger and frustration could lead Port Colborne politicians to launching a lawsuit against the provincial government over illegal dealings of the Local Health Integration Networks

Following the release of Ontario ombudsman Andre Marin's critical report of LHINs, city councillors and residents were raging mad that the LHIN held closeddoor meetings to discuss the possible closure of their bospital's emergency room, which later did close to become an urgent care centre. The emergency room at Fort Erie's Douglas Memorial Hospital also suffered the same fate.

Now, Port Colborne wants the province to be accountable. A motion was carried during a recents council meeting to seek legal advice with the possibility of filing a formal lawsuit in the future. We have made the move

to seek that legal advice and take the appropriate steps," said Mayor Vance Badawey, who was at Queen's Park in Toronto earlier this month for the release of Marin's report called the LHIN Spin. Ward 4 Coun, Barbara

Butters said charges need to be laid on the Ontario government and the LHIN, which was established by the Liberals in 2007.

Do whatever it takes to make sure these charges get laid because there's no way those SOBs should be getting away with this," Butters said as citizens cheered from the public gallery, may of them from the Yellow Shirt Brigade health-care advocates.

In his mayor's report. Badawey said credibility needs to be re-establisbed within Ontario's health-care system, and it begins with the provincial government.

"Putting the legal side of it aside, there's a moral obligation here by the province to do the right thing. And that right thing is to disband, disentan-gle, get rid of the LHINs. Bring back local decision making. The LHINs are not local decision makers," he

"Make no mistake about it, the effects of the ER closures in Port Colborne and Fort Erie are negatively impacting all communities in Niagara. To think otherwise



extremely naive." Marin ordered the local LHIN to he more transparent and account-

able, which means

allowing public consultation during meetings relating to important and controversial decisions.

In his 15-month investigation, Marin discovered that the LHIN closed meetings to the public, something that is a very serious matter, he said.

Badawey said creating the LHINs was a mistake because many people who work for them - many from the Hamilton and Burlington areas - don't understand Niagara's health-care needs

"As with all fiscal changes. we recognize the difficult task at hand and understand the difficult decisions need to be made," he said. "However, these decisions were not made with the input of those who had the most to lose - our own local health-care providers, our own local healthcare committees and more importantly, our own local residents who rely on the

excellent care our hospital provides. Badawey said he wants to join forces with Fort Erie to tackle this project together. But it's unclear if

Fort Erie will also be seeking legal advice. Mayor Doug Martin of Fort Erie could not be reached for comment.

ivessovan@wellandtribune.ca



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CHEESE



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HONEY NUT



















NIAGARA ICEDOGS



KAESHA FORAND Staff Photo

Niagara IceDogs goalies were at the Ice Box at H.H. Knoll Lakewview Park in Port Colborne Thursday night signing autographs for fans. Annie, Claire and Dan Beauparlant had pictures signed while Ice Box owner Ed Weasner looks over IceDogs Mike Gallardi, John Chartrand and Mark

III HAIRCUT FOR CANCER



Mary Pietrelli, of BonTon Hairstyling, cuts Jasmine Beaudoins' hair for donation to Locks of Love. The hair has been sent to Florida where they make wigs for cancer

patients in the U.S. and Canada.

■ PORT CARES: Needs one-third of about \$1 million required for planned expansion

Reach Out Centre kitchen hungry for cash

MARYANNE FIRTH InPort News Staff

PORT COLBORNE - After decades of assisting people in need. Port Cares is asking residents for a helping hand.

In mid-June, the agency launched its first-ever capital campaign with high hopes of gaining the community's support for a much-needed expansion at its Nickel St. site. Port Cares Reach Out

Centre, formerly the Knights of Columbus Hall, will nearly double in size once its renovation and expansion is completed by March 2011. But first, there's a matter of funding. The provincial and fed-

eral governments provided the agency with a head-start, each providing Port Cares with \$335,000 in Infrastructure Stimulus funding. With a price tag of more than

\$1 million, the agency is still required to come up with a third Through the campaign, Port

Cares has received \$6,000 in donations from individuals and businesses within the community, said development officer Pam Swick Janiac The agency has several fund-

ing requests currently out to foundations, comorations and local businesses, she added. "We're hoping people will support this change

The expansion will help to support the growing need in the Port Colborne/Wainfleet area. especially in the Three Bridges neighbourhood where the

The need for community sunport services has continued to grow in the lakeside city. With he Reach Out Centre serving

more than 14,000 meals last year alone, its capacity has been met. The renovations and addi-

"It's important that people

realize this has a huge impact on

the community as a whole."

Janiac said.

eople and create additional food storage - allowing the centre to house a community food bank for the Port Colhome/Wainfleet area

Volunteers will have more space to assist with food preparation in the centre's expanded commercial kitchen. and additional office space will be included, allowing for increased support services. volunteer training opportunities, and services provided by partner agencies. Swick Janjac said it's looking hopeful that shovels will be in

the ground for the expansion by mid to late September. Anyone interested in contributing to the campaign can visit the Port Cares main office. 92 Charlotte St., call 905-834-3629 or visit www.portcares.

mfirth@wellandtribune.ca



Port Cares development officer Pam Swick Janjac displays design plans for the expansion of the agency's Nickel St. Reach Out Centre. A capital campaign is underway to raise funds for the project. Nickel St. centre is located. Swick accommodate seating for 100

tion will increase the space to Garden Mums 2 gal.

· Perennials, Shrubs.



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ALONG THE LAKESHORE

AT THE WAINFLEET LIBRARY MONDAY, SEPT. 13

Family Wii Night at the Wainfleet Township Public Library from 6 to 7:30 p.m. All ages are welcome to drop in to play Nintendo Wii. Not only great family fun, but great exercise too.

WEDNESDAY, SEPT. 15

Tell Tails at the Wainfleet Townshin Public Library from 4 to 5 p.m. Come read your favourite story to Therapy Tails Niagara's therapy dogs who are visiting the Library. Please book your 10-minute reading session in advance by calling the Library at 905-899-1277.

THURSDAY, SEPT. 16 Ancestry Library Edition Workshop at

the Wainfleet Township Public Library from 2 to 3:30 p.m. This hands-on workshop will show you how to use

this genealogy database. Must have some general computer experience. Please call 905-899-1277 to pre-register by September 14 as space is lim-

MONDAY, SEPT. 27

Adult Book Club at the Wainfleet Township Public Library at 6:30 p.m. This month's selection is Labor Day by Joyce Maynard, Please call 905 899-1277 to register as a book club member.

THURSDAY, SEPT. 30

Classic Book Club at the Wainfleet Township Public Library from 2 to 3 p.m. Join us for afternoon tea on the last Thursday of the month as we discuss the works of classic authors. This month's selection is Oliver Twist by Charles Dickens, Please call 905-899-1277 to pre-register your attendance.

1. ¾ cup milk

1 egg, beaten

¼ cup canola oil

1 cup wheat bran

2. 1 cup All-Purpose Flour

3 thsp. Cocoa

1/2 cup Chocolate Chip

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HING must be a

to September 16th Our Port Country Pantry 5 Microwave Chocolate Muffins

*This recise was made in a 700 watt microwave oven with revolving trav INGREDIENTS

1. Put large baking cup liners in a microwave safe muffin pan. Do not use center muffin cup if your muffin pan has one. Combine milk, egg & oil, then stir in bran & set aside for 5 minute

2. Sift together the flour baking powder, salt & cocoa. 3. Add the sugar to the liquid ingredients, & then stir in the flour mixture. Add the chocolate chips & pour 1/2 the batter into 6 baking cups, divided evenly. Place

muffin pan on microwave safe rack, raising pan about 1 "above tray to ensure muffins cook evenly Cook at 90% power for 3 to 3 1/2 minutes.

Let muffins stand for 5 minutes, then place on rack to finish cooling.

Cook the remaining batter in same way. Makes 12 muffins

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Veteran prepared to continue battle at Niagara Region

ALLAN BENNER InPort News Staff

PORT COLBORNE - Bob Saracino still has work to do. The veteran politician, who won his first election in 1972. said his job won't be over until the emergency department

is restored to Port Colborne "Absolutely, the job regarding hospital services is not over I want to complete my

job," he said, "There are many unanswered questions that have to be addressed The city's regional councillor registered as a candidate for the same position earlier this week to launch his 14th election campaign, hoping the residents of his hometown

will give him the opportunity

to finish the work he's been

doing lobbying the provincial

government to restore services

such as the emergency department that have been taken out of the hospital Saracino, who spent four years as a city councillor, 18 years as Port Colborne's mayor



Colhorne hospital Wednesday with a group of supporters to announce his hones for re-election Oct

In a prepared statement, he said the future of that hospital will continue to be a top priority in the upcoming term of

"We must not give up. We must continue to go after the services and beds that have been taken away from us with the implementation of the hospital improvement plan, imposed on us by the Niagara Health System and the LHIN (Local Health Integration Network)," Saracino

said in a prepared statement. "The Ministry of Health must conduct a full review of recent LHIN decisions that have resulted in deep cuts to needed hospital care

He said residents "deserve timely and equitable access to acute and life-saving services as is their right under the Canada

"My goal is to continue the fight to preserve our services here, and to do whatever it takes to get our emergency department back to what it once was."

He also hopes to continue working to ensure Port Colborne gets its fair share of regional funding for projects within the city.

In this past year alone, he added, the city has seen more than \$30 million of regional investment in water system ungrades.

■ WELL-EOUIPPED: Wainfleet project cost \$50,000



DAVE JOHNSON Staff Photo Surrounded by children from Country Kids , Mayor Barb Henderson and Ontario Trillium Foundation program manager Manfred fast cut the ribbon on a new playground in Wainfleet.

Grant pays for new playground

InPort News Staff

WAINFLEET - A group of children put the township's newest playground to good use last week. Mayor Barb Henderson and Ontario Trillium Foundation

program manager Manfred Fast cut a ribbon to officially open the playground, which sits between ball diamonds and a tennis court behind Marshville Heritage Village. The fully-accessible playground cost \$50,000 and all of its funding came from the Trillium Foundation.

"There was no cost to taxpayers," said Greg Wuisman, Wainfleet's operations director. Kangaroo Playgrounds installed the playground at a cost of \$40,000. The extra \$10,000 went into installing two note to ensure no foul make it into the playground. The \$10,000 also covered a fully-accessible pathway from a parking lot to the playground. The walkway is made of bonded woodchips. which are also around the playground equipment, that are strong enough to allow wheelchairs to cross over and spongy enough to protect



SEPTEMBER GOLF & RIDE SPECIALS 18 HOLES 18 HOLES

81174 Riverside Drive, Welland





children if they fall.

Eight-year-old Lauren Atkinson plays on the new playground equipment between two ball fields and a tennis court behind Marshville Heritage Village in Wainfleet. The playground and walkway cost \$50,000, funded by the Ontario Trillium Foundation



Artistic Directors: Lori DeLuca, D.E.A. - Leanna (DeLuca) Ironside, A.I.S.T.D. Casskal Ballet (Ceccheti Syllabus), Pointe, Tap, Jazz, Hip Hop, Lyrical Celebrating 32 Years of Quality Dance Training



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*Teaching staff at College Dance Program *Crystal, Royal, Norwegian Cruise Line Performen CECCHETTI BALLET EXAMS-Only studio in Welland qualified to enter students.

REGISTRATION: Friday Sept 3 • 6pm-8pm Saturday Sept 4 • 10-Noon

 First Studio in Nagara Peninsula to perform aboard a cruise ship (Royal Caribbean Line, Nov. 2005). . First Studio to perform aboard Camival Cruise Lines (Nov. '07) - Camival Glory Dec. 09 COMPETITIVE Program Available (congratulations on 4 successful competitions in 2010)



ALONG THE LAKESHORE

AT THE WAINFLEET LIBRARY TUESDAY, OCT. 5 Knitting Classes at the Wainfleet Township Public Library from 3:30 to 5:30 p.m. Beginners can learn how to knit or experienced knitters can learn new skills. Rhoda Wills will be

Tuesday afternoons from 3:30 to 5:30 p.m. starting October 5. dren ages 9 and up. Needles and yarn for beginners will be provided at the first lesson. Please call 905-899-1277 to pre-register by September 27.

FRIDAY, OCT. 8

Red Cross Babysitter Course at the Wainfleet Township Public Library from 9 a.m. to 5 p.m. This fun, interactive course teaches youth ages 11-15 how to be prepared and responsive caregivers, \$50 per student. Bring a lunch and a doll or teddy bear. Please call 905-899-1277 to pre-register by October 1 Minimum of 8 students and a maximum of 18.



Diaper Rash and Infant Colic are two areas of concern for many parents. There are ne good over-the-counter remedies that can help with both issues

Most babies develop diaper rash at some point in their infancy. Plain water should be used to clean the area. Baby wines can be irritating and cause worsening of the condition. Washcloths can be used to clean and dry the area. Try to leave the diaper off as long as possible to allow the area to dry.

Cloth diapers may increase the incidence of diaper rash. Disposable diapers are better at pulling moisture away from the skin, however, some babies may have a reaction to the dives in disposable diapers. If this is the case dive free diapers can be purchased

To help prevent and treat diaper rash, skin protectants can be used. Most of the products contain zinc oxide along with other various ingredients. In general the higher concentration of zinc oxide the better the protection. If the condition is severe try a product that has close to 40% zinc oxide. Zincofax extra-strength and Desitin Diaper Rash Ointment both have high concentrations of zinc. Another product called "Butt Paste" is quite effective. The brand name is Boudreaux's Butt Paste. It does not have as high a concentration of zinc but contains some other ingredients that seem to work well. However, for some children some of these other ingredients have been know to cause topical reactions so it should be used with caution

Yeast infections can accompany diaper rash. An antifungal agent such as nystatin or clotrimazole should be applied in such cases and then the barrier cream should be applied

Topical corticosteroids may also be indicated. Guidelines suggest a low-potency steroid such as 1% hydrocortisone be used for a short duration (no more that 2 weeks). In Ontario you need a prescription from your doctor for 1% hydrocortisone cream but 0.5% cream can be purchased over the counter. Long term and high potency use should be avoided because they can cause serious side effects.

There is a specialty product that could be compounded by your pharmacy. This involves using a product called cholestyramine mixed with another base cream. If all else fails you may want to ask your doctor or pharmacist about having this made for you.

It is important to avoid using powders like talc and corn starch. These products may encourage the growth of yeast, and can cause respiratory problems for the infant if inhaled.

In severe cases treatment with a steroid cream, an antifungal, and a barrier cream may be necessary all at the same time. Apply the steroid first then the antifungal and then the harrier cream

Infant colic is another common problem. It is characterized by inconsolable crying with no identifiable cause. It starts at two to three weeks of age, peaks at six weeks and may begin to improve at twelve weeks. There is no universally effective treatment. First steps involve swaddling the infant, walking, cuddling, offering a pacifier, taking car rides. walking outside, trying noise from the vacuum cleaner, clothes dryer, or fan. For nursing moms, dietary changes can also be tried. Eliminating cow's milk, onions, cabbage, and broccoli. For formula fed infants a change to a non-cow's milk based formula may help.

Two over-the-counter products to try are alcohol free Gripe Water, and Infacol. The second product contains simethicone which is said to help relieve gas bubbles.

A home remedy which has been proven to have moderate success involves mixing up table sugar in water, boiling the solution and allowing it to cool. Two mL of the solution can be given at a time. The recommended concentration of this solution is 12% (one level teaspoon of sugar in 30 ml of water). The solution should be used after cooling, or put in the refrigerator.



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FORT ERIE - Sam Pascuzzi didn't plan for things to play out this way, but he isn't complaining.

The mixed martial arts fighter plans to open a club in Fort Erie early next month, just as the Ontario government takes steps to allow professional MMA matches in the

Pascuzzi, who currently trains at Dayboll Jiu-Jitsu and Fitness Academy in his hometown of Port Colborne, said the Fort Erie location will offer kickboxing, muay that, Japanese and Brazilian jiu-jitsu

He will be the chief instructor and said training will be open to anyone five years of age and older. The club, to be called Dayboll-Pascuzzi Im-litsu, will be in a new plaza on Garrison

"I'm going to train with (Dave Dayboll) during the day and then run the (Fort Erie) club at night. It will be a fulltime job," the 37-year-old Pascurzi said

*We want to spread jiu-jitsu around this area - our style. There's one in Dunnville, one in Port Colborne and now thorn will be one in Fort Erie Pascuzzi has trained under

Dayboll, owner and chief instructor at the academy, for nine years. Dayboll, a former full-contact jiu-jitsu world champion, said he has been trying to persuade Pascuzzi to open a club for years. He said e's glad his understudy has "taken the leap."

"He's been with me every day for eight, nine years now. He's like a brother. He's ready for this," Dayboll said, adding he'll be visiting the Fort Erie

gym periodically. Pascuzzi began training in Japanese jiu-jitsu before learning the Brazilian style as well as muay that and kick boxing.

He successfully made it through the amateur circuit. winning national medals and is now a professional MMA competitor.

Pascuzzi fights across the border in the Raging Wolf series, which is native-owned and holds events on native land to get around the New Vork state ban on MMA New York is one of four states that doesn't allow live MMA matches. Events are allowed in the other 46 states and by several provincial and municipal athletic commis-

sions across Canada. Ontario's plan, to adopt the same rules for professional MMA that are widely used across North America, was music to Pascuzzi's ears

He, like other Niagara competitors, have had to travel long distances to fight in recent "I went to Winnipeg for my

first fight, which was crazy. You fly in on a Friday, you weigh in, you're tired and you fight the next day." Pascuzzi said. "If it's in Toronto, you just drive up there, there's no jet lag. You're ready to go and

you've got the support of friends and family* Dayboll trains other Niagara fighters, such as Alexis Davis, who is the current female champion in the Raging Wolf series. Dayboll, who is also a former Canadian grappling champion, said it's difficult for local athletes to regularly have

to fight outside of Canada.



ALLAN BENNER Staff Photo

Sam Pascuzzi, who will be the chief instructor at a new mixed martial arts studio in Fort Frie. works out at Dayboll Jiu-Jitsu and Fitness Academy in his hometown of Port Colborne. Dayboll-Pascuzzi Jiu-Jitsu is scheduled to open in early September in a new plaza on Garrison Rd.

But with Ontario joining a growing list of jurisdictions that will allow MMA, he said that's about to change. "Finally, we'll be the home team," Dayboll said. "Whenever we go anywhere now, we get booed. We're the away team.

Soon, we'll be fighting on our turf in front of our fone Ontario's decision also means it's likely more young

people interested in the sport will join clubs and learn various forms of MMA, Pascuzzi

"I'm 37, so I don't know how many years I have left. I wish I started at 10, but it wasn't like this back then.

Pascuzzi said MMA training isn't always about trying to make it pro or wanting to fight. He said people who want to get in shape or learn a new discipline can join clubs and seek out professional instructors, too.

"It teaches respect and rules

of engagement," he said. "All of the fighters I know, they're not out to hurt people. They're very humble people. They respect the sport and they respect people. You have to learn the sport and that's what we teach

at the club level." Pascuzzi said he developed that mindset by training and learning under Dayboll.

"It's so important to have clubs doing things the right way. We don't only want to build better fighters, we want

to build better human beings, Dayboll said.



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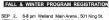


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'You roll with the changes and you continually reinvent yourself'

JOHN VESSOYAN

PORT COLBORNE - The lakeside city requires more people, more change and new life.

That's the opinion of Todd Shoalts, a Port Colborne man who is examining the city's future and who wants his hometown to flourish. Shoalts spoke during a lengthy

public meeting about the Downtown Central Business District community improvement plan and urban design guidelines and traffic study. The 47-year-old was born and raised in the city and attended Port Colborne High School before advancing to Wilfrid Laurier University. Some of the words he uttered Monday night were directed towards youngsters, whom often head to college or university

in another town or city and don't

return. Shoalts came back to Port

Colborne in 2000 to work for the

family real estate business.

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for that I would not have moved back here. I had a reason and of course not everyone's got that type of reason. But, nevertheless, there has to be opportunities," he said after the meeting. "In order for Port Colborne to continue to be successful and

an opportunity there. If it wasn't

afford things like a new multi-use centre, we need people to live here and work here and start a business here. Some of the times things need to change. I don't know what the answer is - I don't have all the answers - but things need to change. Things like these community improvement plans are a good thing because they force the city to look at what could we do different and what could we do better."

Mayor Vance Badawey said the city has been changing and evolving since at least the mid-1990s. "That's part of the business, that's part of what we do as a

"That's why I came back, I had municipality, that's part of what you do as a business - you roll with the changes and you continually reinvent yourself as it pertains to current business climate, political climate, lifestyle climate, demographics," Badawey said.

Kevin Muir of GSP Group and Luciano Piccioui of RCI Consulting presented a report to council Monday night listing the visually positive and negative points of the city. It has a strong street presence of buildings, good supply of parking and the Welland Canal as a beautiful backdrop. But, certain aspects of the city require improvement, they said, such as more signs

and displays on streets to give a strong first impression. The cost of the community plan's preparation is \$100,000. Half is coming from city taxpayers.

while the other half is from Niagara jvessoyan@wellandtribune.ca

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■ TRAFFIC: Longtime stretch could end up named Rattler Rd.

Dilts history vs. Massasauga rattlesnake

DAVE JOHNSON InPort News Staff

WAINELEET - Dilte or

Diltz?
Which name to keep and which name to change?
Donald Dilts, who lives on Dilts Rd, told Wainfleet council he has several reasons for opposing its name change to a proposed Rattier Rd.

"The road was named to

honour my family who has nearly 100 years of history in the area. What started off as a simple driveway saw land sold

off to allow homes to be built."

Dilts said the road was named after his relative William J. Dilts, who settled in the area. Dilts Rd. is off of Hwy.

3 near Golf Course Rd.

Changing the name of the road would involved a cost to about 12 families that live on Dunnville border, and there

the road now and might create some confusion as well. Dilts said credit card, insurance and mortgage companies would

have to be notified of the change and there would be a lot of paperwork involved for everyone. He suggested the other road — Diltz — be changed instead

area to carry on the name.

Township staffer Laurie
Dayboll said the committee looking into road name
changes did a lot of research
before suggesting changes. She
said the committee tried to
take into account family name
and heritage when it came to

are no more Diltzes left in the

changing names. Changes to road names need to be made to comply with 911 requirements. Street addresses across the township are also taking place to ensure emergency responders and service providers, including Bell and Enbridge, can find homes.

Adding a directional prefix, like seast or west, on the two skemilarly-named roads wouldn't help she said, as it wouldn't distinguish the two roads from each other. And, following council's direction to not change the name of roads that come in from neighbouring municipalities, changing Dillez Ad, would not work

The proposed name of Rattler Rd. was chosen to represent a species-at-risk in the township — Massasauga rortlers

"There was no disrespect intended," said Dayboll. After some debate about what to do with Dilts Rd., Mayor Barb Henderson suggested changing the name to William I. Dilts Rd. or W.I. Dilts

Dayboll and township planner Grant Munday said they would run the name past the 911 committee to see if it met its standards.





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DAVE JOHNSON Staff Photo Mad Science's 'Kosmic' dresses Elvsa Bafaro up as a tree during a wrap up party for Port Colborne library's summer reading club.

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PORT COLBORNE -One-hundred-eighty-three children read 2.304 books this summer through Port Colhorne Public Library's summer reading club. Children recorded the

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DAVE INHISON Staff Photo At right Mad Science's 'Kosmic' dresses Colin Dodds up as a tree during a wrap up party for Port Colborne library's summer reading club.Below, 120 children attended wrap up party for Port Colborne library's summer reading club.





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